

MY PRIMARY CARE CLINICIAN IS:

---

## WHERE SHOULD I GO FOR THE CARE I NEED? CHOOSING THE RIGHT CARE

	PRIMARY CARE CLINICIAN	WALK-IN/URGENT CARE	EMERGENCY ROOM (ER)
WHEN TO SEE	<ul style="list-style-type: none"> <li>• Routine care and checkups.</li> <li>• Chronic illness or lifestyle management.</li> <li>• Sick visits and testing – flu, strep throat, urinary tract infection (UTI), etc.</li> <li>• Flu shots and vaccinations.</li> <li>• Minor injuries.</li> <li>• Annual wellness visit.</li> </ul>	<ul style="list-style-type: none"> <li>• Non life-threatening injuries or illnesses.</li> <li>• Primary care clinician is not available.</li> </ul>	<ul style="list-style-type: none"> <li>• Serious and/or life-threatening medical issues only - signs of heart attack or stroke such as sudden chest pain, sudden numbness/ weakness, difficulty breathing, etc.</li> <li>• For non-life-threatening concerns call your primary care clinician before going to the Emergency Room.</li> </ul>
HOURS	<ul style="list-style-type: none"> <li>• Usually Monday through Friday.</li> <li>• Available by phone after the office closes every day for urgent matters.</li> <li>• Check with the office for exact hours.</li> <li>• Extended hours some days.</li> </ul>	<ul style="list-style-type: none"> <li>• Extended hours most days.</li> <li>• Weekends and holidays.</li> </ul>	<ul style="list-style-type: none"> <li>• Always open.</li> </ul>
HOW TO ACCESS	<ul style="list-style-type: none"> <li>• Call the office.</li> <li>• Same-day or next-day appointments may be available.</li> <li>• Telehealth available.</li> </ul>	<ul style="list-style-type: none"> <li>• No appointment required.</li> <li>• Go to Walk-In location.</li> <li>• Download Bayhealth@Home app to access Bayhealth's Virtual Urgent Care.</li> </ul>	<ul style="list-style-type: none"> <li>• Go to closest Emergency Room.</li> <li>• No appointment required.</li> <li>• For life-threatening medical issues call 911.</li> </ul>
OTHER	<ul style="list-style-type: none"> <li>• Can refer to specialist and coordinate with them when necessary.</li> <li>• Everyone should have a primary care clinician.</li> </ul>	<ul style="list-style-type: none"> <li>• Copayment generally costs more than primary care visit, but less than Emergency Room visit.</li> <li>• Virtual Urgent Care may have a flat fee or copayment.</li> </ul>	<ul style="list-style-type: none"> <li>• For less serious or non-life-threatening issues, may be a longer wait time.</li> <li>• Wait times depend on the number of patients and severity of other cases.</li> <li>• Copayment costs more than primary care or Walk-In/Urgent Care.</li> </ul>



### IMPORTANT STEPS TO KEEP YOUR PRIMARY CARE CLINICIAN INFORMED ON YOUR HEALTHCARE:

- Give your primary care clinician's name and contact information whenever you go to a Walk-In/Urgent Care or Emergency Room.
- Call your primary care clinician to let them know you received care at a Walk-In/Urgent Care or Emergency Room.