Driven to conquer cancer
# THE DRIVE IS here.

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Dear friends and colleagues,

It is our pleasure to present the Bayhealth Oncology 2016 Annual Report to our communities.

At Bayhealth, we are driven to bring the nation’s best cancer care to our communities here at home. In this year’s report, we highlighted the ongoing success of our multidisciplinary programs and strength and achievements of outreach programs that increase awareness and access to cancer care services.

We would like to recognize the Bayhealth Cancer Center staff and other members of the cancer care team at Bayhealth for their efforts in the organization’s electronic medical record implementation, which were truly remarkable.

Our community ambassadors continued to far exceed expectations this year. The Runway of Hope Committee’s hard work raised more than $75,000 in support of Bayhealth Cancer Institute’s Survivorship Program.

We continue to be grateful to the community physicians and other partnering organizations who are just as driven for delivering cancer care in our community.

The members of the Bayhealth Cancer Committee have provided significant input with regard to the development of the program and monitoring continuing success in clinical performance. We are honored to lead a group of distinguished individuals who are driven to conquer cancer.

Iftekhar Khan, MD  
Cancer Committee Co-Chair  
Bayhealth Milford Memorial

John Lahaniatis, MD  
Cancer Committee Co-Chair  
Bayhealth Kent General
ANALYTIC CASE DISTRIBUTION

Each calendar year, Bayhealth Cancer Centers at Bayhealth Kent General and Milford Memorial compile comprehensive lists of our patients’ primary cancer sites. We collect and report this information to better understand the occurrence and prevalence of certain types of cancers. This information is also reported to the National Cancer Database (NCDB).

Below, the top five cancer sites are displayed by presenting stage and by percentage, for each center.
TOP FIVE CANCER SITES

<table>
<thead>
<tr>
<th>KENT GENERAL</th>
<th>ANALYTIC CASES</th>
<th>MILFORD MEMORIAL</th>
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<td>BREAST</td>
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</tr>
<tr>
<td>BLADDER</td>
<td>34</td>
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<td>26</td>
</tr>
</tbody>
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MILFORD MEMORIAL — TOP 5 BREAKDOWN BY CANCER STAGE

**BREAST**

- Stage 0: 12%
- Stage I: 39%
- Stage II: 27%
- Stage III: 9%
- Stage IV: 3%
- Unknown: 0%

**LUNG**

- Stage 0: 0%
- Stage I: 22%
- Stage II: 5%
- Stage III: 16%
- Stage IV: 51%
- Unknown: 5%

**PROSTATE**

- Stage 0: 0%
- Stage I: 22%
- Stage II: 22%
- Stage III: 26%
- Stage IV: 19%
- Unknown: 11%

**COLON**

- Stage 0: 0%
- Stage I: 23%
- Stage II: 54%
- Stage III: 15%
- Stage IV: 8%
- Unknown: 0%

**BLADDER**

- Stage 0: 35%
- Stage I: 35%
- Stage II: 23%
- Stage III: 4%
- Stage IV: 0%
- Unknown: 4%
Screening made all the difference for Harold Stafford

November 4, 2004, was the day Harold Stafford tested positive for prostate cancer. At 56 years old, Stafford tried to wrap his head around what the diagnosis meant for him and his family. Stafford, retired Secretary of Labor for the State of Delaware, remains busier than most, even in his retirement. He was determined not to let a cancer diagnosis slow him down.

Stafford’s test read abnormal and raised some flags during a routine prostate screening with Bayhealth Urologist Michael Zaragoza, MD. After more testing produced abnormal results, a biopsy was performed.

“When the biopsy came back as positive for cancer, I was stunned,” said Stafford. “I have always taken care of myself. I don’t smoke or drink. I stay active and physically fit. I couldn’t help but think how in the world this could have happened.”

“There are high risk factors that typically increase a person’s chances for developing prostate cancer,” explained Dr. Zaragoza. “One is family history and the other is being an African American male.”

“MY CANCER WAS DETECTED EARLY BECAUSE OF MY REGULAR CHECKUPS. EARLY DETECTION WAS THE KEY IN SAVING MY LIFE.”

– HAROLD STAFFORD
After doing a lot of reading, researching, and speaking to friends about the diagnosis, Stafford made the decision to have his prostate surgically removed. Now more than 10 years after his diagnosis, Stafford remains cancer free and is an advocate for routine prostate cancer screenings. “My cancer was detected early because of my regular checkups,” said Stafford. “Early detection was the key in saving my life.”

Other than skin cancer, prostate cancer is the most common cancer in American men. One in seven men will be diagnosed with prostate cancer in their lifetime. Most prostate cancers grow slowly and men don’t feel any noticeable changes in their health, which makes screening the only form of detection.

Dr. Zaragoza finds that men simply aren’t comfortable talking about the subject of prostate cancer, but he encourages them to get the screening no matter how awkward it makes them feel. “Men between the ages of 40 and 49 should speak to their doctor about beginning regular prostate screenings,” recommended Dr. Zaragoza. “Men age 50 and older should be screened annually.”

RAISING AWARENESS IN THE LOCAL COMMUNITY

Stafford now volunteers with Dr. Zaragoza (pictured at left) for the Delaware Prostate Cancer Coalition. They work to help men become more aware of the importance of regular screenings. The Delaware Prostate Cancer Coalition hosts community events such as Pedal Away Prostate Cancer, which is sponsored by Bayhealth, to raise awareness of prostate cancer and encourage appropriate screening.

The 2016 event was held on Sept. 19, and it was the 8th annual race that included a 25-mile timed bike race, beginning and ending at the Eden Hill Medical Center in Dover. A picnic lunch and Men’s Health Fair were held at the finish line following the race. During lunch, winners in the various race categories were presented trophies by local prostate cancer survivors. In addition, one survivor served as the keynote speaker and described his personal battle with prostate cancer in hopes of getting others checked for the disease. A total of 108 racers from seven states participated in this year’s event.
HEAD & NECK/THYROID TUMOR CONFERENCE

The Head & Neck / Thyroid Tumor Conference, launched in September 2016, brings together specialists from ear, nose, and throat (ENT) surgery, radiation oncology, medical oncology, general surgery, endocrinology, pathology, and radiology to discuss cancers of the head, neck, thyroid, and related structures.

The conference gives Bayhealth cancer patients the opportunity to have their case presented with all the specialists present to create a personalized treatment plan. “The approach is multidisciplinary,” said Bayhealth Otolaryngologist Stephen Cooper, MD. “It allows us to present different treatment options to our patients.” In addition to physician specialists, experts in nutrition and speech pathology are present to discuss dietary and speech related concerns specific to head and neck cancer patients.

“We use the conference as a means of making sure we are using current guidelines and staging,” said Bayhealth Otolaryngologist Catherine Wright, MD.

“IT ALLOWS US TO PRESENT DIFFERENT TREATMENT OPTIONS TO OUR PATIENTS.”
– STEPHEN COOPER, MD
Launched in March 2015, the Genitourinary (GU) Tumor Conference is co-chaired by Bayhealth Urologists Michael Zaragoza, MD, and Gregory Spana, MD. The conference participants meet twice a month to discuss cancer cases of the prostate, bladder, kidney, and urinary tract. Specialists from urology, medical oncology, radiation oncology, pathology, and radiology review each case, assessing clinical stage, clinical trials, and national evidence based diagnostic and treatment guidelines. A cancer nurse navigator and clinical research nurse are assigned to this conference to coordinate necessary follow-up care.

“We have been able to review more than 300 patients who have been diagnosed with a GU cancer at this conference in the last 19 months,” said Clinical Nurse Navigator, GU Tumor Conference Linda Marvel, BSN, RN. “The collaborative effort to deliver the best care supports our drive to improve cancer treatment within the Bayhealth community.”
Twin sisters share mammogram experience

Since birth, identical twin sisters Sonia and Sophia Yelverton have been inseparable. The Dover residents live together, work together, and they even get their mammograms together. Four years ago, the twins decided it was time to schedule their first mammogram. “I was a little nervous,” said Sonia. “I didn’t know what to expect. We do everything together, so we decided to schedule mammograms and get through that together too.”

A mammogram is an X-ray examination used to evaluate breast tissue for any abnormalities and it can detect breast cancers, benign tumors, and cysts before they may be detected in a breast self-exam. That is why mammograms are the best defense against breast cancer.

Sophia and Sonia appreciate the kind staff from the Bayhealth Women’s Center and their ability to ease their anxiety. “It hurt a little, but I was more nervous about the results than the exam,” said Sophia. “We are lucky; we both have always had good results.”

On average, it is recommended women get mammograms starting at age 40. However, a patient’s family and personal medical history may indicate screening at a younger age. Screenings increase the chances of detecting abnormalities before physical symptoms develop. The sooner detection, diagnosis, and treatment begins, the better the outcome will be for the patient.

Sonia suggests all women schedule their mammograms with a sister or a close friend. “It can be scary,” she admitted. “The test and waiting on the results make me equally nervous, but it’s something women need to do,” she said. “It helps having my sister there going through it too.”
Staff members volunteer for clinical breast exams

Working for a community hospital puts an interesting spin on giving back to the community and patients. Staff members aren’t just improving the health status of patients; they’re helping loved ones, friends and family. This is why three nurse practitioners from Bayhealth’s cancer program are volunteering their time to provide free clinical breast exams to the community.

Each month, Bayhealth offers free clinical breast exams at Bayhealth Kent General and Milford Memorial. Nurse Practitioners Eileen Fusco, ANP-C, MSN, AOCNP; Cynthia Martin, ANP-C, MSN, AOCNP; and Sandy Voss, FNP-C, conduct the exams twice a month.

Clinical breast exams are a physical exam done by a healthcare practitioner trained to notice abnormalities in the breast tissues. Following an exam, patients can schedule mammograms, if need be. If an abnormality is found, Bayhealth staff will work with patients to schedule further testing.

For all three nurse practitioners, doing the clinical breast exams provides them a chance to educate women in the community. “I look at our time with these women as teachable moments to educate them about the value of screenings,” Fusco said. “I review self-breast exam techniques with them and the optimum time to perform them.”

Voss said she decided to volunteer her time because it’s important for all patients to take advantage of preventative services. “These exams are a touch of prevention, which is important. Routine screenings help identify areas of concern that can be treated,” Voss said. “When you live in the community you work in, especially at a community hospital, it’s important that we educate patients and promote good health to the community.”

“Routine screenings help identify areas of concern that can be treated.”

– Sandy Voss, FNP-C

Nurse Practitioners Eileen Fusco, ANP-C, MSN, AOCNP; Cynthia Martin, ANP-C, MSN, AOCNP; and Sandy Voss, FNP-C, conduct free clinical breast exams twice a month.
On March 21, 2016, Bayhealth was named as one of 14 programs to receive a community grant from Susan G. Komen Philadelphia® for the 2016–2017 award year. Susan G. Komen Philadelphia has a mission to advance critical and life-saving breast cancer early detection and treatment programs within its service areas. Bayhealth received the grant because it delivers top level cancer care and is focused on providing access to vital breast health services to women in need.

“These grantees are our mission in action,” said Elaine I. Grobman, chief executive officer of Susan G. Komen Philadelphia. “They are in the trenches every day, connecting women and men in need with the free mammograms, treatment, education, and support that can save their lives.”

Each month, Bayhealth offers free mammograms to those who are uninsured or underinsured. Through community partnerships, Bayhealth provides education about breast cancer risks and support for survivors of breast cancer.

“The grant from Susan G. Komen Philadelphia provides our community the support to offer those in need access to services for the early detection and diagnosis, such as screening mammograms and biopsies, of breast cancer,” said Bayhealth’s John Shevock, FACHE, FACMPE, senior director of operations, oncology service line. “We are grateful for Susan G. Komen Philadelphia’s belief in our mission.”
Navigating breast cancer with a compassionate guide

For Felton resident DeAnna Frazier, her breast cancer diagnosis early in 2016 was the most terrifying day of her life. At 38 years old, she wasn’t expecting to be diagnosed with breast cancer. Yet an indentation on her lower breast led her to the Bayhealth Women’s Center on Christmas Eve 2015 for a mammogram and ultrasound, which showed a large mass in her breast. A January 2016 biopsy confirmed her Stage 2A breast cancer diagnosis.

“My diagnosis was the most terrifying day of my life and my first thought was that I could die,” Frazier said. “As a mom of three little kids, I couldn’t imagine them growing up without a mother.” So what did Frazier do? She fought and fought hard. Frazier had a double mastectomy in February, completed chemotherapy in June, had a hysterectomy in July, and will have reconstructive surgery next year. Now she’s cancer free.

Helping to get Frazier off on the right foot was Bayhealth Breast Care Coordinator Trisha Bentley, BSN, RN. Bentley is part of Diagnostic Imaging but works hand-in-hand with the Cancer Center physicians and cancer nurse navigators. Bentley assists patients during the early stages of a cancer diagnosis and transitions a patient diagnosed with cancer to her peer cancer nurse navigators in the Cancer Center.

Bentley was with Frazier when she received the results from the radiologist that she had a large mass in her breast. Frazier was appreciative of Bentley’s presence, noting she was instantly put at ease with Bentley’s bedside manner. Months later, Frazier and Bentley are still in touch. “She’s such an amazing person as is everyone in Oncology at Bayhealth. It takes a genuine and special person to work in Oncology. The staff members here have a special gift and really care about their patients. They’re fighting the fight with you,” Frazier said.

It was the staff along with Frazier’s support system that pushed her through her cancer battle. Her diagnosis changed her life, but showed Frazier that she’s stronger than she thought. And now, it feels amazing to be on the tail-end of the diagnosis. “You have to own your journey. You can’t let your cancer diagnosis control you. Beating cancer is just as much about the treatment as it is your mentality,” Frazier said. “You have to control your mindset and have a positive outlook on life, knowing that each morning you wake up that you get to live another day.”
Runway of Hope 2016 — a new venue and record success

Even after their cancer treatments have ended, Bayhealth continues to support patients through its Survivorship Program. Through this program, patients have access to a nurse navigator who coordinates doctors’ visits, physical therapy, occupational therapy, pain management, and cancer screenings. To help fund these services, the Bayhealth Cancer Institute sponsors an annual fundraiser called Runway of Hope.

Runway of Hope was held on July 22, 2016, at Baywood Greens. The event was unprecedented, raising $75,000 for the Bayhealth Cancer Institute’s Survivorship Program — an increase of nearly $15,000 over the previous year’s event.

Susan Chinnici, a member of the Bayhealth Cancer Institute Board, is the founder of Runway of Hope. Chinnici’s vision, along with the Bayhealth Cancer Institute’s Runway of Hope Fundraising Committee, helped create the Runway of Hope Fashion Show and Luncheon in 2011. Chinnici and her fellow committee members devote themselves to planning and creating an event that grows progressively more successful each year. “The committee members are great,” said Chinnici. “They’re really hard workers, and they’re generous. And when you help people, you feel good.”

According to Runway of Hope Fundraising Committee Co-Chair Shalini Sawhney, what makes the event unique is medical staff involvement. “The Runway of Hope event brings the community together for a fantastic cause,” she said. “Furthermore, seeing
Bayhealth physicians involved not just as donors, but as fashion models walking the runway truly provides a personal touch and makes this event unique. It’s nice for our community to see that our doctors care about patients through every stage of treatment and remission or recovery.”

The luncheon, silent auction, and fashion show featured professional models as well as Bayhealth’s own “models” — physicians, executives, and their families. Participants showed attire from local boutiques such as Aquamarine, Cleo’s, Jane & Georgie, Bel Boutique, Rock Creek, and more.

Bayhealth Cancer Institute Medical Director Rishi Sawhney, MD, sees how the Survivorship Program benefits his patients. “The growth and development of our Survivorship Program is due to the support from our community and Runway of Hope,” said Dr. Sawhney. “We are fortunate to have a group of dedicated and passionate volunteers who drive our signature event.”

“The Runway of Hope Committee is a group of talented and selfless community members who consistently raise the bar each year,” said John D. Shevock, FACHE, FACMPE, senior director of operations, oncology service line and executive director of the Bayhealth Cancer Institute. “Their support is a key component of our success.”

RUNWAY OF HOPE COMMITTEE MEMBERS

Syreeta Adams-Harris
Patti Andrew
Diane Andrews
Lauren Brittingham
Co-chair
Susan Chinnici
Co-chair
Dr. Suzanne Donovan
Connie Fisher
Janet Kidd
Pam Marecki
Jeanne Mazzatenta
Barbara Rutt
Shalini Sawhney
Co-chair
Nancy Shevock
Donna Stinson
JoEllen Workman

Runway of Hope Co-Chairs from left to right Shalini Sawhney, Lauren Brittingham and Susan Chinnici.
11th Annual Go Pink! campaign

For the past 11 years, Bayhealth has been “going pink” to raise money for screenings, education and overall breast cancer awareness. Funds raised during the annual Go Pink! campaign are used to provide breast screenings and education programs offered through Bayhealth and its community partner the Delaware Breast Cancer Coalition (DBCC). The majority of the funds are generated via the sale of Go Pink! t-shirts, purchased by Bayhealth employees as well as the public. This year Go Pink! t-shirt sales raised more than $24,000 and approximately 4,300 shirts were sold. The annual campaign concludes with the Go Pink! Health Fair.

The 2016 Go Pink! Health Fair was held on Oct. 7 from 10 a.m. to 3 p.m. in the parking lot of the Bayhealth Medical Office Building. Key components of the fair included: free clinical breast exams and free screening mammograms for women who are uninsured or underinsured; information on obtaining cancer screenings; availability of treatment and survivorship programs; and other health education opportunities. Approximately 300 people attended the fair and nearly 30 women were screened on-site for breast cancer. Many Bayhealth employees also participated by wearing the Go Pink! t-shirts they had purchased.
2016 GO PINK! BY THE NUMBERS

300
APPROXIMATE FAIR
ATTENDEES

25+
ON-SITE
SCREENINGS

$24,000+
FUNDS RAISED THROUGH
T-SHIRT SALES

4,300
T-SHIRTS SOLD
Relay For Life

As part of its ongoing commitment to raising money to fund cancer research and programs for cancer patients and their families, in 2016, Bayhealth once again supported the Relay For Life events of Smyrna, central Delaware and Milford. This year, the three events combined included 72 teams with a total of 659 participants who collectively raised $141,000. Bayhealth’s staff members volunteered their time to serve dinner to survivors and caregivers at each event.
Blankets donated to Bayhealth cancer patients

Bayhealth cancer patients are receiving blankets through a statewide program with Winner Subaru in Dover and the Delaware Chapter of Leukemia & Lymphoma Society. Ten blankets were recently donated to Bayhealth along with handwritten cards featuring words of hope and encouragement; a total of 60 will be donated.

Leukemia & Lymphoma Society Campaign Manager Natalie Di Sabatino said the donation is part of a new program between Winner Subaru and the Leukemia & Lymphoma Society. The two organizations are partnering on Subaru’s Loves to Care Initiative. For each car bought, blankets will be donated to Bayhealth. The goal of the program is to provide warmth and support to patients.

“The Leukemia & Lymphoma Society places a huge focus not only on funding blood cancer research, but providing assistance and support to patients and families dealing with these cancers,” said Julia Schranck, Leukemia & Lymphoma Society office manager and campaign assistant. “Leukemia & Lymphoma Society and Subaru hope these blankets and care cards provide comfort and encouragement to blood cancer patients in our Delaware Community.”

At Bayhealth, patients have access to everything they need when battling cancer. From screenings to advanced technological and medical treatments, Bayhealth is driven to provide patients all the care and access to cancer services locally.

“Bayhealth considers this a double win,” said John Shevock, FACHE, FACMPE, senior director of operations, oncology service line and executive director of the Bayhealth Cancer Institute. “First, we’re able to partner with an organization as wonderful as the Delaware Chapter of the Leukemia & Lymphoma Society to increase awareness about blood cancers. And second, we have the opportunity to partner with a local business that is as strongly committed to helping and caring for cancer patients as we are.”

“LEUKEMIA & LYMPHOMA SOCIETY AND SUBARU HOPE THESE BLANKETS AND CARE CARDS PROVIDE COMFORT AND ENCOURAGEMENT TO BLOOD CANCER PATIENTS IN OUR DELAWARE COMMUNITY.”

– JULIA SCHRANCK
A healthy diet can prevent a number of diseases and colon cancer is no different. While colon cancer is the third leading cause of death from cancer, it’s a preventable disease. Along with getting your colonoscopy done, Bayhealth Gastroenterologist Raghu Dharmavaram Kottam, MD, notes proper nutrition plays a major role in colon health.

“Just like eating a heart healthy diet is good for your heart, a colon healthy diet has the same effect,” Dr. Kottam said. “Only 10 to 15 percent of colon cancer cases are from hereditary causes while about 85 percent of causes are lifestyle and diet related, which are modifiable risk factors.”

Effective screening and genetic testing are hallmarks of cancer care in the diagnosis and treatment of colorectal cancer. The efforts of physicians at Bayhealth have resulted in the development of a core set of treatment protocols to ensure patients receive the best cancer care.

Bayhealth Colorectal Surgeon Assar Rather, MD, has been a leader in communicating with community members on the importance of colorectal cancer screening through colonoscopies.

“No one in this day and age should die from colorectal cancer,” said Dr. Rather. “With early detection, colorectal cancer is 80 to 85 percent preventable and treatable.”
DIAGNOSIS AND GENETIC SCREENING

If the diagnosis is cancer, Bayhealth implemented a clinical pathway to evaluate patients for their risk for Lynch Syndrome, a genetic feature in approximately three to five percent of the colorectal cancer patient population. Having this genetic feature identified is another tool to assist the patient’s physician team in customizing the treatment plan around the patient’s specific genetic profile.

“Having the knowledge is very powerful for the patient and family,” said Bayhealth Pathologist Sophia Kotliar, MD, “we can put a plan together with them for their future to keep them healthy.”

Physicians from surgery, pathology, and medical oncology at Bayhealth collaborated on the colon cancer clinical pathway, which automatically tests a patient’s cancer cells for the gene expression for Lynch Syndrome. If positive, further testing is completed and the patient is referred to Bayhealth Cancer Institute’s Telegenetics Program and counseling with a genetic counselor from Penn.

Patients with Lynch Syndrome have an increased risk for developing cancers earlier, including colorectal cancer. A patient with confirmed presence of Lynch Syndrome should also have a conversation with their family members and encourage them to consider genetic testing and counseling.

“WE ARE ABLE TO COMBINE A WIDE VARIETY OF SPECIALTY SERVICES TO PRECISELY DIAGNOSE AND EFFECTIVELY TREAT CANCERS OF THE GI TRACT; THUS PROVIDING COORDINATED, HIGH-QUALITY AND ‘CUTTING EDGE’ CARE FOR EVERY PATIENT.”

– RISHI SAWHNEY, MD

QUALITY MEASURES FOR COLON CANCER

<table>
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<tr>
<th>Benchmark</th>
<th>Kent General</th>
<th>Milford Memorial</th>
<th>State</th>
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<tr>
<td>At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer</td>
<td>85%</td>
<td>90%</td>
<td>100%</td>
<td>91%</td>
</tr>
<tr>
<td>Adjuvant chemotherapy is recommended or administered within 4 months (120 days) of diagnosis for patients under the age of 80 with AJCC stage III (lymph node positive) colon cancer</td>
<td>90%</td>
<td>100%</td>
<td>100%</td>
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<td>100%</td>
<td>100%</td>
<td>91%</td>
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Our partnership with Penn — local access, national recognition

TELEGENETICS PROGRAM

Since the launch of the Telegenetics Program at Bayhealth in 2014, Bayhealth patients have had access to genetic counselors at Penn Medicine to discuss their genetic risk evaluation. In collaboration with Assistant Professor of Medicine at the Hospital of the University of Pennsylvania and Assistant Professor of Medical Ethics and Health Policy Angela Bradbury, MD, Bayhealth Medical Oncologists Rishi Sawhney, MD, and Priya Singh, MD, provide physician oversight of the genetic counseling sessions with patients.

Patients meet initially with a nurse and genetics counselor to review family history and the testing process and outcomes. At the second visit, the genetics counselor and physician member of the Bayhealth Telegenetics Team review the results and potential cancer risks or treatment options. All of the visits occur at Bayhealth’s Cancer Center; patients don’t have to travel for their genetic risk evaluation.

As a result of the collaboration, members of Penn Medicine’s genetic counseling team have presented at national conferences on the process to establish a telegenetics program similar to the program at Bayhealth. In October 2016, Genetic Counselor Neeraja Reddy, MS, LCGC, presented “Establishing a virtual telegenetics clinic for cancer genetic counseling — challenges and solutions,” at the National Society of Genetic Counselors. Genetic Counselor Elisabeth Wood, MS, LCGC, also presented a poster at the American Society of Human Genetics Annual Meeting titled, “Implementing a clinical partnership to provide telegenetics services at community sites without access to genetic counselors.”

“We continue to grow and develop our telegenetics program at Bayhealth,” said Bayhealth Cancer Institute Medical Director Dr. Rishi Sawhney. “Our collaboration with Penn Medicine will hopefully help other community based programs develop similar models of care for genetic counseling services.”

Working with patients in the Telegenetics Program are Clinical Research Nurse Kimberly Vidrine, RN, BSN; Bayhealth Cancer Institute Medical Director Rishi Sawhney, MD; and Medical Oncologist Priya Singh, MD.
EDUCATIONAL OPPORTUNITIES

Throughout the year, Bayhealth physicians and staff have educational opportunities to learn about the latest research and developments in treatment options for Bayhealth patients by lead faculty and researchers from Penn Medicine’s Abramson Cancer Center. These opportunities are through the affiliation Bayhealth has as a member of the Penn Cancer Network.

MYELOMA DISCUSSION

On Thursday, Sept. 22, Director of Myeloma Immunotherapy and Assistant Professor of Medicine at the Hospital of the University of Pennsylvania Adam Cohen, MD, spoke to Bayhealth physicians and staff on the latest clinical trial updates on myeloma and new treatment regimes.

HEAD & NECK/THYROID LECTURE

On Wednesday, Nov. 9, Bayhealth physicians and members of the Head & Neck/Thyroid Multidisciplinary team had presentations on the latest developments in the treatment of head and neck cancers along with the treatment options for thyroid cancer. Assistant Professor of Medicine, Director of Clinical Research, and Director of Interventional Pulmonary Services at Penn Medicine Marcia Brose, MD, PhD, and Associate Professor of Medicine and Associate Professor of Otorhinolaryngology: Head & Neck Surgery at Penn Medicine, Pennsylvania Hospital Jason Newman, MD, FACS, led the presentation.

EMERGING ROLE OF CARDIAC CARE IN OPTIMIZING MULTIDISCIPLINARY CANCER THERAPY SYMPOSIUM

On Tuesday, Nov. 29, Joseph Carver, MD, Chief of Staff and Bernard Fishman Clinical Professor of Medicine at Penn Medicine’s Abramson Cancer Center, presented developments in cardiac care during cancer therapy to a multidisciplinary team of physicians, mid-level providers, nurses, and ancillary staff.
Bayhealth Cancer Institute recently started a new program with its partner Cancer Support Community of Delaware to increase community awareness about clinical trials and genetic counseling. Clinical Research Nurse Kimberly Vidrine, RN, BSN, OCN, meets with members of the Cancer Support Community to dispel anxiety about participation in clinical trials.

“We understand that patients may have anxiety or questions about clinical trial participation,” said Vidrine, “and having a forum to answer questions and provide why clinical trials are important in understanding and treating cancer is a great service to the community.”

Vidrine and the Cancer Support Community of Delaware are also working on a future program for cancer patients and their families on genetic counseling and the important role this service plays in cancer care. Not only are educational services offered at the Cancer Support Community but several support groups for cancer patients and their caregivers.

“Having the Cancer Support Community of Delaware close to our cancer center offers patients easy access to support groups and supportive care services,” said John D. Shevock, FACHE, FACMPE, senior director of operations, oncology service line and executive director of the Bayhealth Cancer Institute.
Connecting with patients in a meaningful way

From the initial testing to the chemotherapy visits, the team members working in, and with, Oncology, are a special group. They’re gentle with patients and show compassion on a daily basis. This is exactly why several individuals were honored with Bayhealth awards earlier this year.

PHYSICIAN OF THE YEAR — RADIOLOGIST DANIEL WOOD, MD

As a radiologist who specializes in breast health, Daniel Wood, MD, goes to great lengths to make sure patients have a positive experience while in his care. His great working relationships with patients and staff alike are why he was named the Milford Memorial Physician of the Year.

While based in the Diagnostic Imaging department, Dr. Wood works closely with Oncology and is one of the representatives from Radiology for the Breast Cancer Conference that is held every other week. This is a multidisciplinary tumor conference where Dr. Wood discusses radiology studies pertinent to breast cancer cases, including mammograms, ultrasounds and MRIs.

“I like working in breast health because there is great opportunity for patient interaction,” Dr. Wood said. “A finding of cancer can be devastating for a patient. My desire is to come alongside my patients to make sure they feel supported and informed.”

ONCOLOGY NURSES SHINE AT AWARDS CEREMONY

When the Nurse of the Year ceremonies were held earlier this year, three Bayhealth Kent General Oncology nurses were honored for their work with patients. All three nurses were described as individuals who consistently go above and beyond to make sure every patient gets the care they desire and deserve. Their kindness and compassion are part of what makes each of the nurses an asset to the department.

Clinical Coordinator Melissa Dulin, RN, BSN, OCN, (pictured on the right) was not only named the Outpatient/Ambulatory Care Nurse of the Year, but received the overall Nurse of the Year award as well. Clinical Manager Susan Shaw, MSN, RN, OCN, (pictured on the left) received the Nightingale Leadership award and Nurse Practitioner Cynthia Martin, ANP-C, MSN, AOCNP, (pictured in the center) received the Advanced Practice Nurse of the Year award.

Knowing they were chosen to win these awards among nurses from across the organization meant a lot to Dulin, Martin and Shaw. “We have an outstanding staff. If we were awarded, it’s because of every single person who works in this department,” Martin said. “We’re working with patients during their most challenging times and it’s an honor to do so. It’s not just that we’re helping them; our patients have no idea what they’re giving back to us.”
Bayhealth Cancer Institute Board Member Recognized

On Nov. 3, the Bayhealth Cancer Institute recognized the service of board member Susan Chinnici whose term expired in December 2016. On behalf of the Bayhealth Cancer Institute, President, Cancer Institute, and Senior Vice President and Chief Operating Officer Deborah Watson, FACHE, FACMPE, (pictured on right with Susan) thanked and presented a plaque to Susan, who served as a board member from 2007 to 2016. “Behind Runway of Hope is one woman’s decision to make a difference in her community. Susan Chinnici’s generosity and vision created a benefit that grows progressively more successful each year,” said Watson.

“BEHIND RUNWAY OF HOPE IS ONE WOMAN’S DECISION TO MAKE A DIFFERENCE IN HER COMMUNITY. SUSAN CHINNICI’S GENEROSITY AND VISION CREATED A BENEFIT THAT GROWS PROGRESSIVELY MORE SUCCESSFUL EACH YEAR.”

– DEBORAH WATSON, FACHE, FACMPE
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The **mission** of the Bayhealth Cancer Institute is to deliver the best cancer care in Delaware by providing state-of-the-art treatment, clinical research, education, and prevention to the people of our region.

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Bayhealth offers comprehensive cancer care at two integrated cancer centers.

**The Cancer Center**  
**at Bayhealth Kent General**  
640 S. State Street, Dover, DE 19901  
Phone: 302-674-4401  
Fax: 302-674-4129

**The Cancer Center**  
**at Bayhealth Milford Memorial**  
21 W. Clarke Avenue, Milford, DE 19963  
Phone: 302-430-5300  
Fax: 302-430-5071

**BAYHEALTH IS A MEMBER OF THE PENN CANCER NETWORK**

Bayhealth is affiliated with the Abramson Cancer Center at the University of Pennsylvania (Penn), which provides our patients with access to university level cancer care, locally.